

Our Ref: ID 1903

NHS Wirral Clinical Commissioning Group  
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**Re: Freedom of Information Request - Attention Deficit Hyperactivity Disorder (ADHD) statistics**

Thank you for your request for information made under the Freedom of Information Act 2000, which was received into this office on 4<sup>th</sup> May2021.

**You Asked for:**

Please could you provide the following information:

1. The current wait time for an undiagnosed adult to see a psychiatrist for ADHD after being referred from a GP on the NHS.
2. The current wait time for an undiagnosed child to see a psychiatrist for ADHD after being referred from a GP on the NHS.
3. The current wait time to see a Cognitive Behavioural Therapist for ADHD following an ADHD diagnosis.
4. The number of children (under the age of 18) with an ADHD diagnosis.
5. The number of children (under the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse. (Please provide this as a breakdown by comorbidity)
6. The number of adults (over the age of 18) with an ADHD diagnosis.
7. The number of adults (over the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse. (Please provide this as a breakdown by comorbidity)

If doing so will not push this request over the cost limit, please could you also provide:

8. The average wait time for each year from 2015-2020.

**Our Response:**

1. For the year 2020/2021, the waiting time for an undiagnosed adult to see a psychiatrist for Attention Deficit Hyperactivity Disorder (ADHD) after being referred from a GP are as follows:
  - Average wait - 68 weeks
  - Longest wait - 191 weeks

- Shortest wait - 2 weeks
2. The current Paediatric wait at Wirral University Teaching Hospital NHS Foundation Trust (WUTH) is 26 weeks for the 1<sup>st</sup> outpatient appointment. Please see below for the referral process for a child:  
The majority of children who are referred for an ADHD assessment are referred through the school nurse who will do the initial assessment (Conners questionnaire). If Conners scores are below 65, children are discharged. If Conners are 65 or above, a Qb test is carried out (also by school nursing service). Children/ families are referred to ADHD Foundation for Parent Skill Building Programme (psychoeducation and parenting support) not diagnosis. Children are then referred to WUTH for consultation with paediatrician and (potential) diagnosis
  3. Unfortunately, NHS Wirral Clinical Commissioning Group (CCG) is unable to provide a response as our information is not broken down into individual types of therapy.
  4. 2,404.
  5. Unfortunately, NHS Wirral CCG is unable to provide a response as our records do not record if a child is also being treated for a psychiatric comorbidity.
  6. 2,913.
  7. Unfortunately, NHS Wirral CCG is unable to provide a response as our records do not record if an adult is also being treated for a psychiatric comorbidity.
  8. For the period of 2019/2020, there was a 92 week average wait as of March 2020. For the period of 2020/2021, there was a 68 week average wait as of March 2021.

We hope this information is useful, however if you require any further information please do not hesitate to contact a member of the Corporate Affairs Team (contact details at the top of this letter)

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