

Our Ref: ID 1722

NHS Wirral Clinical Commissioning Group  
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## Re: Freedom of Information Request – Children and Young People’s mental health

Thank you for your request for information made under the Freedom of Information Act 2000, which was received into this office on 21<sup>st</sup> July 2020.

### You Asked for:

1. I would be grateful if you could provide me with information on the following:
  - a. What specialist Child and Adolescent Mental Health Services (CAMHS) do you commission for children and young people and who provides these (e.g. eating disorder services, talking therapies, etc.)?
  - b. What other services do you commission to support the mental health of children and young people and who provides these?
2. Given the recent national decrease in referrals and the additional potential impact of Covid-19 on mental health, what plans are you developing to cope with increased or changing need for mental health support for children and young people in your area?

Please tick all that apply	Adaptations	Further details
a.	<input type="checkbox"/>	Adapted the services you commission to continue to support young people’s mental health
b.	<input type="checkbox"/>	Planned to commission additional services
c.	<input type="checkbox"/>	Modelled future demand on services
d.	<input type="checkbox"/>	Developed a plan for your area
e.	<input type="checkbox"/>	Partnered with other organisations such as charities and youth services
f.	<input type="checkbox"/>	Delivered any other initiatives to support young people’s mental health during this period (please state)

- a. How many contacts did the CAMHS services you commission have with children and young people in the following months?
  - i. March 2019
  - ii. April 2019

- iii. May 2019
  - iv. March 2020
  - v. April 2020
  - vi. May 2020
- b. What proportion of these contacts were young people from the following ethnic backgrounds?
- i. Asian
  - ii. Black
  - iii. Mixed
  - iv. White
  - v. Other

**Our Response:**

1. Please see below for further information:
- a. NHS Wirral Clinical Commissioning Group (CCG) commission Cheshire and Wirral Partnership NHS Foundation Trust (CWP) to provide Child and Adolescent Mental Health Services (CAMHS) for Children and Young People (CYP) with moderate-severe needs. NHS Wirral CCG jointly commissions an outpatient child and adolescent eating disorder service through Cheshire and Merseyside Eating Disorder Service (CHEDS) provided by CWP. Additionally, young people aged 16 and over can access adult Improving Access to Psychological Therapies (IAPT) services provided by Talking Together Wirral. All specialised CYP mental health services are commissioned nationally by NHS England specialised commissioning teams, including Tier 4 services.
  - b. NHS Wirral CCG commission the Open-Door Centre to provide computerised Cognitive Behavioural Therapy (CBT) for children and young people currently on the CAMHS waiting list if suitable. CWP provide Mental Health Support Teams in Schools across Wirral. Additionally, young people aged 16 and over can access adult IAPT services provided by Talking Together Wirral.
2. Please see the table below:

Please tick all that apply	Adaptations	Further details
a. <input checked="" type="checkbox"/>	adapted the services you commission to continue to support young people's mental health	
b. <input checked="" type="checkbox"/>	planned to commission additional services	
c. <input checked="" type="checkbox"/>	modelled future demand on services	
d. <input checked="" type="checkbox"/>	developed a plan for your area	
e. <input checked="" type="checkbox"/>	partnered with other organisations such as charities and youth services	
f. <input checked="" type="checkbox"/>	delivered any other initiatives to support young people's mental health during this period (please state)	

- a) Please note: Each patient can have more than one contact in any given month
- i. 1,411
  - ii. 1,191
  - iii. 1,373
  - iv. 1,190
  - v. 1,197

vi. 1,151

- b) Please see the attached spreadsheet. The recording of ethnicity is not mandatory and each month between 20% and 30% has either not been stated by the patient or the information has not been recorded. The recording of ethnicity in MHSDS is broader than the categories requested. The proportions are based on the unique patients.

We hope this information is useful, however if you require any further information please do not hesitate to contact a member of the Corporate Affairs Team (contact details at the top of this letter)

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