

Our Ref: ID 1669

NHS Wirral Clinical Commissioning Group  
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## **Re: Freedom of Information Request - Menopause**

Thank you for your request for information made under the Freedom of Information Act 2000, which was received into this office on 20<sup>th</sup> March 2020.

### **You Asked for:**

I am trying to establish what provisions there are within each Clinical Commissioning Group (CCG) area for women who are going through or about to go through menopause please. The aim is to get a clear picture of what NHS services are available for women across the country.

It's a complicated picture because some menopause services are provided by GP surgeries whilst some are provided by hospitals or alternatively there are also specialist NHS menopause clinics in some areas. And of course, there may be other services, although I'm not sure in what format yet.

With that in mind:

1. Are you, as the local CCG, responsible for commissioning all services related to diagnosis and treatment of menopause in your area? If not, then can you please provide details of who does commission menopause services in your area?
2. What services for diagnosis and treatment of menopause are available in your area? (This could include specialist menopause primary health care providers within GP surgeries or in local hospitals or in specialist clinics.)
3. Is there a waiting list for specialist menopause services in your area and if so, roughly how long for?
4. Have any services related to diagnosis and treatment of menopause been closed in your area? If yes, can you provide details of what that service was and when it closed please?
5. Does the CCG have plans to open any new menopause services? If yes, please provide details.
6. What is the first line of treatment recommended by the CCG for women with peri and menopause symptoms? (i.e. what is directed on the Formulary?)
7. What is the second line of treatment recommended by the CCG for women with peri and menopause symptoms? (i.e. what is directed on the Formulary?)

## Our Response:

1. Yes.
2. Generally, diagnosis and treatment of menopause is delivered by General Practice/ Primary Care. The standard general Gynaecology Clinics at Wirral University Teaching Hospital NHS Foundation Trust (WUTH) also provide advice and treatment on an ad-hoc basis. Particularly complicated cases may be referred for advice to Liverpool Women's and Children's NHS Foundation Trust.
3. NHS Wirral Clinical Commissioning Group (CCG) does not commission specialist menopause services.
4. No.
5. No, not currently but the offer of Gynaecology services within the community is being reviewed.
6. NHS Wirral CCG recommends management of Menopause in line with NICE guidance. NHS Wirral CCG is part of the Pan-Mersey APC, hence follows the Pan-Mersey Formulary.
7. Please see the answer to question number 6.

We hope this information is useful, however if you require any further information please do not hesitate to contact a member of the Corporate Affairs Team (contact details at the top of this letter)

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