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Our Ref: ID 1076



Wirral
Clinical Commissioning Group

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Re: Freedom of Information Request

Thank you for your request for information made under the Freedom of Information Act 2000 which was received into this office on 5th April, 2018.

You Asked for:

1. Do you employ a mental health lead?
2. Spending on mental health (total)
 - a. What was the total amount (£) allocated to mental health trusts?
 - b. What was the total amount of money spent (£) on mental health services by your CCG?
3. Adult mental health: Acute hospital liaison
 - a. Do you commission A&E and Ward liaison teams to operate 24/7? Are such liaison teams universally included in contracts for the provision of acute hospital services?
4. Adult mental health: Crisis and acute care and suicide prevention
 - a. Do you commission a crisis resolution home treatment (CRHT) as an alternative to acute in-patient admission? Does this service operate 24/7?
 - b. Response times
5. Children's and young people's (CYP) mental health
 - a. Do you involve CYP and parents/carers in commissioning and service design for CYP?
 - b. Do you commission specialist treatment for CYP with eating disorders?
 - c. What is the proportion of CYP with eating disorders seen within 1 week (urgent) and 4 weeks (routine)?

6. Perinatal mental health

- a. Do you commission specialist perinatal mental health services? If so, what was the total amount (£) and total amount spent on perinatal mental health services?
- b. Do you have a strategy for providing perinatal mental health services?

7. Mental health of older persons

- a. Do you commission tailored, community based, physical or other activity programmes for older persons?

Our Response:

- 1. Yes, NHS Wirral Clinical Commissioning Group (CCG) employs a Mental Health Commissioning Lead.
- 2. Spending on mental health (total)
 - a) The total amount (budget) allocated to NHS Mental Health Trusts in 2017/18 was £37 million.
 - b) The total amount of money spent (£) on mental health services in 2017/2018 was £67million (as per month 12 return to NHS England). To note, this figure also includes Learning Disability spend and spend to non-NHS provider organisations.
- 3. Acute hospital liaison
 - a) NHS Wirral CCG commissions an Acute Trust Hospital Liaison Service. The service operates 24/7 and the service is provided by our lead Mental Health Trust, Cheshire and Wirral Partnership NHS Foundation Trust, and is included within the Contract.
- 4. Adult Mental Health: Crisis and acute care and suicide prevention
 - a) Yes, NHS Wirral CCG commission a Crisis Resolution Home Treatment Team (CRHT) as an alternative to acute in-patient admission, which operates 24/7.
 - b) Response times: Non-urgent patients should be seen within 4 hours and emergency patients within 1 hour.
- 5. Children's and young people's (CYP) mental health
 - a) NHS Wirral CCG involves children and young people including their parents and carers in commissioning and service design for CYP. The most recent being the refresh of the Children and Young People's Transformation Plan.
 - b) CYP: NHS Wirral CCG commission a children and adolescents eating disorder service through Cheshire and Merseyside Adolescent Eating Disorder Service (CHEDS)

provided by the lead mental health trust, Cheshire & Wirral Partnership NHS Foundation Trust.

- c) Last year (2017/2018), 90.9% of urgent referrals were seen in one week. 98.6% routine referrals were seen in 4 weeks.

6. Perinatal Mental Health

- a) NHS WIRRAL CCG commission a specialist Perinatal Mental Health service. The specialist service is delivered across Cheshire & Merseyside and is provided in collaboration with the Mental Health Lead Provider and the Acute Trust. NHS Wirral CCG is unable to comment on the total amount spent as this currently is not spilt out in the contract. I would therefore advise for you to liaise with the provider organisations direct to request this information. I have included their contact information below for your information:

Cheshire & Wirral Partnership NHS Foundation Trust - FOI@cwp.nhs.uk

Wirral University Teaching Hospital NHS Foundation Trust - wih-tr.AccessToInformationOffice@nhs.net.

- b) The future strategy for providing Perinatal Mental Health services is in line with the Mental Health Five Year Forward View. By 2020/21, NHS England is committed to support at least 30,000 more women each year to access evidence-based specialist mental health care during the perinatal period. This should include access to psychological therapies and the right range of specialist community or inpatient care so that comprehensive, high-quality services are in place across England. NHS Wirral CCG is ensuring plans are in place in order to deliver this ambition for our residents.

7. Mental Health of older persons

- a) NHS Wirral CCG commission a mental health community team which is a multi-disciplinary team including specialist medical, nursing, social worker, occupational therapist, psychology, support staff & admin staff.

Wirral Community Mental Health Services have adopted the 'Stepped Approach to Recovery' [StAR model]. A core element of the StAR model is the access to a range of health and well-being opportunities which where possible is delivered in partnership with the local community, third sector organisations and other statutory providers. These opportunities include:

- Smoking cessation
- Life style advice
- Psycho-educational groups
- Self-help groups
- Employment advice
- Debt advice
- Mindfulness

For information on further commissioned programmes for older people, I would advise for you to liaise with Public Health direct. I have included their contact information below for your information:

<https://ww3.wirral.gov.uk/crmservicerequests/scripts/ServiceRequestMain.asp>

We hope this information is useful, however if you require any further information please do not hesitate to contact a member of the Corporate Affairs Team (contact details at the top of this letter)

Yours sincerely

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