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Our Ref: ID 505

Re: Freedom of Information Request

Thank you for your request for information made under the Freedom of Information Act 2000 which was received into this office on 13th May 2016.

You Asked for:

A better understanding of the performance of mental health services across the UK and current waiting times for the various therapies which may be on offer in our area.

The referral system in place to facilitate the treatment of people via a GP or other referral mechanism in order for appointments to be made.

WROCS (Wirral Remote Order Communications System) is the referral software currently used by Wirral GP's. NHS Wirral Clinical Commissioning Group (CCG) does not currently receive a WROCS dataset, therefore the data supplied has been obtained through local data flows developed with Wirral providers. Where measures are not routinely measured by NHS Wirral CCG we have suggested external sources where this information could possibly be obtained.

1. **What is the current waiting time for treatment for talking therapies in your area in primary healthcare? Please break down the wait for each type (or 'choice of modality') which is available in your area.**

Overall Referral to Treatment (RTT) timescales are routinely monitored in accordance with national guidance and standards and published on the Health and Social Care Information Centre (HSCIC) (as per your link detailed above). We do not routinely monitor RTT timescales by modality. 2015/16 performance on Improving Access to Psychological Therapies (IAPT) target timescales was as followed:

Measure	2015/16
% of referrals who received their first treatment within 6 weeks coded as discharged in the reporting period	58.51%
% of referrals who received their first treatment within 18 weeks coded as discharged in the reporting period	76.23%

- 2. What is the current longest wait for talking therapies in your area in primary healthcare? That is, what length of time has the person who's been waiting the longest been waiting? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.**

NHS Wirral CCG's Primary Care Mental Health provider operates an 'assessment with treatment model', during this initial appointment the required level of treatment for each patient is identified and the first treatment is also delivered. As a consequence Wirral IAPT Waiting Lists (as per the national definition) are for those waiting for 'assessment with treatment' and are not split by step/intervention needed.

As at 16/05/2016 the longest wait for 'assessment with treatment' is 186 days.

- 3. What is the current waiting time for treatment for talking therapies, appointments with psychologists or psychiatrists in your area in secondary healthcare? (Please break down the wait for each type (or 'choice of modality') which is available in your area.**

There are three consultant led Secondary Mental Health services where NHS Wirral CCG routinely monitors the referral to treatment timescales, March 2015/16 performance is detailed below:

March 2015/16	Average waiting time
Complex needs service	25 days
ADHD	185 days
Memory Assessment	47 days

We do not collect the information for any of our other Secondary Mental Health services.

- 4. What is the current longest wait for talking therapies, appointments with psychologists or psychiatrists in your area in secondary healthcare? That is, what length of time has the person who's been waiting the longest been waiting? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.**

Attention Deficit Hyperactivity Disorder (ADHD) has the longest associated waiting times for Secondary Mental Health Services, NHS Wirral CCG has asked our provider to investigate and to validate data therefore we are unable to give an accurate response at this moment in time.

For the above questions please provide the figure for referral to first treatment waiting time, not referral to 'assessment' or 'intervention' time.

Response as above

- 5. How many referrals have there been into adult mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.**

This data is available from IAPT Minimum Data Sets and Mental Health Services Minimum Data Sets exports available from the HSCIC.

6. What is the maximum number of talking therapy sessions an adult, eligible for therapy, can receive in your area at primary and secondary care level.

There is no cap as services will follow NICE guidance on the number sessions required for both primary and secondary care patients.

As a separate FOI request, you requested information about the Child and Adolescent Mental Health Services in our area.

1. In Child and Adolescent Mental Health Services (CAMHS), what is the current waiting time for a young person to receive talking therapies. Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.

We do not currently hold this information and would suggest that the requestor directly contacts the provider which is Cheshire Wirral Partnership Trus (CWP). CWP's FOI Team can be contacted on FOI@cwps.nhs.uk

2. In CAMHS, what is the current longest wait to receive talking therapies? Please give the wait for each type of therapy (or 'choice of modality') which is available in your area.

We do not currently hold this information and would suggest that the requestor directly contacts the provider which is CWP. CWP's FOI Team can be contacted on FOI@cwps.nhs.uk

3. What is the maximum number of talking therapy sessions a young person, eligible for therapy, can receive in your area at primary and secondary care level.

There is no cap on a maximum number of sessions

4. How many referrals have there been into child and adolescent mental health services in your area at a) primary care level and b) secondary care level in the calendar years 2013, 2014, 2015 and 2016 to date.

During 2015/16 Wirral CCG introduced the following measure for CAMHS to capture demand, unfortunately prior to this introduction it was not routinely monitored and figures could be requested from CWP:

CAMHS - 2015/16	New cases accepted and started
Tier 2	486
Tier 3 & 16 – 19 services	1281
Total	1767

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